

Discover Your Sacred Gifts

There are 2 very significant events in your life. One is when you are born and the other is when you find out why. Finding out WHY seems to pose the greatest challenge!

The “WHY” is sometimes referred to as a Sacred Gift. There are many Sacred or Spiritual Gifts identified in ancient scriptures. These Gifts aren’t the same as skills or talents or even ‘natural’ gifts. They are *in* you but they are not *of* you. The good news is that everyone, without exception, has one or more. However, some people live their whole lives never having experienced them.

Essentially, Sacred Gifts are tools given to you at birth by a loving Creator, that make certain things you do seem easy, effortless and extremely joyful. Like any tool, they allow you to do what you are doing more easily when you have the right tool for the job.

Let’s use an actual toolbox as an example. If you’re given a hammer at birth as one of your life tools and you don’t know what it is or what it’s for, you may spend your life trying to use the hammer to saw wood and become very frustrated and not find it very fulfilling. There’s nothing wrong with the tool and while it is necessary for you to be able to saw wood, this would definitely be the wrong tool for the job.

This is true with life in general. If you choose a particular job, project or anything that is out of alignment with the tools you’ve been given at birth, you will likely feel frustrated and not very fulfilled. If you discover the set of tools you have, you’ll know what jobs will be effortless for you. You will also know what tools you’ll need to borrow from others that you may not have in your tool box.

This is also true of your Sacred Gifts. Often to get a job done you need assistance. You need to go and find someone else with a particular Gift so that you can gain its benefit. In the same way, your Sacred Gifts are also intended for you to

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Gifts today
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others**

lend or give away to others so that they can benefit. Fortunately, when we share our gifts and draw from the gifts of others remarkable results can occur.

If you’re not happy and life feels empty and meaningless then either you are not aware of the tools you have and what they can do or you are not sharing them. Perhaps you don’t even know how to find the other tools you need to get the job done.

Here are some of the characteristics of a Sacred Gift.

1 - Your gift mixed with your personality and experiences makes you totally unique. No one else has the same tools, toolbox, experience, training and passion you do. This means only you can do what you most desire to do in life.

2 - You may have several Sacred Gifts. This explains why you might feel compelled to do certain things and then totally change directions and be totally successful at that as well. Sometimes all of your gifts surface at once and very magical results occur ... results that seem to defy the “norm”.

3 - Sometimes Sacred Gifts are in complete contrast to your personality, or your lifestyle. A homeless person with a spiritual gift of Hospitality is a great example.

4 - Your gifts will often not be accessible to you for your own personal good. You may have the hammer but someone else has the nail. Your Gift may only show up when someone is in need of it - then the combination of your gift and their need creates the result. Have you ever heard of a brilliant financial planner who is broke? Same concept.

5 - The Sacred Gifts you have been given at birth are at the very fundamental level of your essence, they will seem effortless to you. For instance, the saw is amazed at how easily the hammer drives the nail. So if people say to you “I could never do that,” don’t argue, they may be right. Because it’s so effortless to you, you may find yourself judging others for their inability to do it as effortlessly as you



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do. Don't judge others, instead give thanks that you have exactly the right tools.

6 - Your Sacred Gifts are in you but they can remain dormant and unused if you are not willing to share them or if you are trying to figure out a way for the benefit to come back to you. A simple prayer at the start of each day is "I offer my Gifts today to be of benefit to others" and just watch what starts to show up and what gets asked of you.

7 - One of the great things about Sacred Gifts is that with desire and practice they can grow to create supernatural results. They may look like a skill or talent to you initially, but like muscles the more you use them the more they develop and the more they can do.

8 - All of the Sacred Gifts are instruments of healing. Sharing your particular Sacred Gift with the world is **your** way of healing this planet. When someone benefits from your Gift, you have, in that moment healed a situation, a person, a problem. That's why it is Truth when it's said that we are all healers. We are!

9 - These Gifts are freely granted. You don't have to be "good" to earn them and they aren't taken away from you when you are "bad". There is evidence of some of the most beautiful Sacred Gifts at work behind prison walls in people who have committed terrible crimes.

10 - Sacred Gifts can bear results above and beyond our "normal" human abilities. They transcend what we 'should' be able to do. People who are aware of their gifts and share them, seem powerfully charismatic. "Charismatic" or "charisma" comes from the root word *charism* defined as: 'a living gift believed to be given by God' or "a spiritual endowment." Being charismatic is about giving something of yourself that comes from deep within your spirit.

11- They are your way of giving back, of being of service. Being of service is not just about working in soup kitchens or volunteering at church or in disasters. You are "in service" in the truest form of the meaning when you share your Gifts.

One of Mother Teresa's Sacred Gifts was Compassion or Mercy. She used it everyday on every street in every gutter in every encounter. She didn't fight against the tool she was given or decide not to use it because she couldn't figure out how to generate income for herself. She just went about using her gift and living a very joy-filled, supernatural life. She trusted the Great Universe to provide her with what she needed. She knew the tool in her toolbox and shared it willingly. How could she be so happy with what appeared to be so little? Because she also had the Sacred Gift of Simplicity.

There is tremendous value in discovering and tapping in to your Sacred Gifts and also recognizing those of your family members and friends. Although many of them are not thought of as Sacred Gifts they still carry healing qualities and have a great potential to change your life and the lives of others. Observe what tools are in your toolbox and in those around you...imagine if they were all utilized. Life would be so much easier and make much more sense.

One of the best things I've learned is NOT to judge anyone by their personality or outward appearance. You could really be missing the true essence of that person.

In other words, understanding what Sacred Gifts are all about really helps lessen judgment of yourself and others. It actually gives you an ability to see through the toolbox to the tools inside. A kind of x-ray vision that allows you to appreciate the tool or Gift you receive from each other.

Monique MacDonald will in Parksville, Sat. May 23rd from 8:30am to 6pm. Contact delaine.walsh@gmail.com

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