



# SHIATSU FACE LIFT TRAINING

## *Professional Course 2 - Day Seminar*

The Shiatsu Face Lift Course focuses on improving facial appearance and enhancing Ki. It also improves ones' physical and emotional balance. Clients feel and notice a difference.

Using traditional Japanese medical concepts of meridians and tsubos, Ki (life force) is restored and harmonized, helping to prevent aging and facial disharmonies.

This Enriched Cosmetic Seminar, incorporates powerful Japanese Massage techniques that will enhance the repertoire of bodyworkers, estheticians and holistic practitioners.

Several categories of techniques will be learned as well as how to combine and alternate smoothly between them.

### **Benefits to the client:**

- smoothes out lines and wrinkles
- tightens and tones facial muscles
- brightens eyes
- helps achieve youthful radiance instead of dull looking skin
- improves facial colour
- may take years off client's face

### **Special focus will include areas of special concern**

- between the eyebrows
- the forehead
- above and below the lips

Theory will include the Meridians and their relationship to Facial Rejuvenation. At the end of the two days, participants will be able to perform a complete Shiatsu Face Lift of 30-40 minutes duration adding a special "touch" to their craft.

*This course is taught by Harold Siebert CST, Dac. Harold is trained in Shiatsu, Anma and Acupuncture. He has been in practice for two decades and has been teaching since 1993. Harold founded the Zen Shiatsu School in 1995 and has been offering workshops, retreats and Practitioner level training. The founder and Dean of Studies, Harold Siebert is one of the most respected English speaking teachers of Shiatsu in Canada. He feels that by making training more accessible and in bite size pieces, more people will be able to study this precious and age-old Japanese Healing Art. Phone toll free:*

***1-866-796-8582 or email: haroldsiebert@yahoo.com***

**Where/When:** 7078 Pioneer Ave (above Black Sea Organics) in Agassiz BC  
(Agassiz is a 5 minute drive from Harrison Hot Springs)  
9:30 am to 4:30 pm Nov 29th and 30th, 2008

**Tuition:** \$275.00 Deposit of \$50.00. Balance payable in class.

**Send to:** Zen Shiatsu School, Box 791  
Harrison Hot Springs, BC V0M 1K0